

# University of Pretoria Yearbook 2021

## Foundations of sports coaching sciences 110 (YCS 110)

**Qualification** Undergraduate

**Faculty** [Faculty of Humanities](#)

**Module credits** 12.00

**NQF Level** 05

**Service modules** Faculty of Health Sciences

**Contact time** 3 lectures per week

**Language of tuition** Module is presented in English

**Department** Sport and Leisure Studies

**Period of presentation** Semester 1

### Module content

This module identifies, defines and examines the underlying theoretical dimensions and practical principles of scientific sports coaching to provide a platform for subsequent knowledge and application in sports coaching contexts.

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